

# Pulled Pork with Nashi Pear Kimchi & Pickles

BBQ showstopper from award-winning chef Matt Burgess

Serves: 6

Prepare: 30 Minutes Cook: 6 Hours Difficulty: easy

## Ingredients

#### **Pork Marinade**

- 2kg organic pork boston butt
- 3 teaspoons brown sugar
- 1 teaspoon sea salt
- 2 teaspoons hoisin
- 1 teaspoons gochujang (Korean red bean paste)
- · 3 teaspoons light soy
- 3 teaspoons rice vinegar

#### Nashi Pear Kimchi

- 3 tablespoons roughly sliced pickles (we love dill sweet and sour gherkins)
- 150g (2) nashi pears sliced you can use apple or normal pears if you can't find Nashi
- 3 tablespoons gochujang (Korean chilli paste)
- 3 tablespoons light soy sauce
- 3 tablespoons brown sugar
- 2 tablespoons gochugaru (Korean chilli flakes)
- 2 tablespoons rice vinegar
- 1 tablespoon grated garlic
- 1 tablespoon grated ginger
- Ground black pepper
- 3 tablespoons thinly sliced spring onions

### Method

#### For The Pork

- 1. Remove your defrosted organic pork boston butt from the fridge and let it come to room temperature.
- 2. Pat dry with a kitchen towel.
- 3. Set up your BBQ for indirect cooking or turn on your oven
- 4. Setting the temperature to 150°C or aim the target temperature for the BBQ to 120°C 150°C.
- 5. Don't worry about exact measurements, swap out dark soy for light, or instead of rice vinegar use your favourite flavoured vinegar.
- 6. Pour everything into a bowl and whisk vigorously until everything is incorporated.
- 7. Now to get your hands dirty, rub mixture all over the pork shoulder (Boston butt) liberally
- 8. These ingredients will help create a wonderful bark (crispy outside)
- 9. Place into your BBQ or oven for 2-3 hours, if you want to cook it low and slow leave for 4-6 until the outside chars lightly and the bark has formed, wrap in foil and continue to cook for a further 2 hours until the meat is very tender.
- 10. With two forks, pull the pork apart in chunks

#### For The Kimchi

I've called this kimchi, but it's not, this isn't the fermented deliciousness that your probably expecting, this is to be eaten straight away. A fruity spicy punch that will hold up to that Boston butt.

1. Slice nashi pears into thin half-moon slices, place into a large mixing bowl.

- 2. Into the same bowl, Measure out gochujang, pickles, soy, brown sugar, gochugaru, rice vinegar, garlic, ginger, pepper and spring onions.
- 3. Mix well ensuring a good coating all over the pears.4. Leave for 1-2 hours, serve alongside the Boston butt