

## **Potted Game**

Why not prepare your recipe in advance perfect for a dinner party starter to impress your friends

Serves: 4

Prepare: 30 Minutes Cook: 1 Hour Difficulty: medium

## Ingredients

- 1 white onion, peeled and chopped
- · 2 garlic cloves, peeled and chopped
- 600ml medium cider
- 500ml organic chicken bone broth
- A sprig of thyme
- 500g minced pheasant meat
- 150g minced organic bacon
- 2 points of star anise
- 6 peppercorns
- 1/23 tsp ground mace
- 50g goose fat
- · oil for cooking
- · 2 bay leaves
- Salt and freshly ground black pepper

## Method

- 1. Preheat the oven to 120°C
- Put the onion, garlic, cider and organic chicken bone broth into a pan. Add the thyme and bring to boil, boil for 15 minutes, until the liquid reduces to become syrup-like. Set the pan aside to cool and remove the thyme
- 3. Put the minced pheasant and bacon into a large bowl. Crush the star anise and peppercorns with a pestle and mortar (or blitz in a food processor) mix with the mace and ½ tsp of salt. Add to the minced meat, then add the goose fat. Mix in the reduced liquid from the pan, season to taste with salt and pepper
- 4. Divide the mix between two sterilised ovenproof preserving jars and place a bay leaf on top of each. Place the jars, with the lids open in a roasting tray and pour enough hot water into the tray to come up the side of the jars by 3cm. Place the roasting tray into the preheated oven for 1 ½ hours
- Once cooked, remove the jars from the water bath and close the lid whilst still hot, this will create a vacuum as the jar cools
- 6. When the jars have cooled completely keep in the fridge. These will keep in the fridge unopened for two weeks, once opened used within 2 days