

Pork & Cider Sausage Casserole

Serves: 4

Prepare: 10 Minutes Cook: 35 Minutes Difficulty: easy

Ingredients

- 12 organic pork & cider sausages
- 2 x 400g tin chopped tomatoes
- 1 x 400g tin cannellini beans
- 1 x 400g tin chickpeas
- 500ml chicken stock
- 2 bell peppers, roughly chopped
- 2 cups x kale, chopped
- 2 tbsp sobrassada (use 1 diced chorizo as an alternative)
- 1 brown onion, sliced
- 2 garlic cloves, minced
- olive oil

Method

- Place a large stockpot or cast iron dutch oven over a medium heat and as the pan heats up, prepare your vegetables.
- 2. Pour 2 tbsp olive oil to the pan then add the onions and peppers, let them gently soften for a couple of minutes before adding the garlic.
- 3. Transfer the sausages to the pan and brown them all over. Add the Sobrassada (or chorizo) to the pan and gently fry them to release the flavour and oils.
- 4. Pour in the Cannellini Beans, Chickpeas, Chopped Tomatoes to the pan and mix everything together.
- 5. Add the chicken stock, stir, and then cover. Leave the Casserole to simmer for 30-35 minutes, stirring occasionally to prevent burning.
- Once cooked, remove from heat, and stir in the chopped kale and let it wilt for a couple of minutes before serving hot.
- 7. Serve on it's own or with sides of choice like rice or a nice creamy mash potato.