

How To: Chicken & Vegetable Pie

We've found the perfect way to stay warm this winter and it's seriously tasty

Serves: 4

Prepare: 40 Minutes Cook: 1 Hour 15 Minutes

Difficulty: medium

Ingredients

For The Pastry

- 150g butter, cubed
- 400g self-raising flour
- 1 egg

For The Filling

- 600g <u>organic chicken breast</u> or leftover <u>organic whole chicken</u>
- 2 carrots, peeled and cut into 1-2cm slices
- 2 leeks, cut into 1-2cm slices
- 100g peas
- 1 onion, peeled and finely diced
- Salt_and pepper for seasoning
- 2 bay leaves

For The Sauce

- 55g plain flour
- 200ml whole milk
- 55g butter
- 50ml organic chicken bone broth

Method

- Firstly, make the pastry by sifting the flour and a dash of salt in a large mixing bowl, dice the butter and add that in until it resembles breadcrumbs
- Add in cold water gradually until you have a stiff dough. Wrap in cling film and leave to the side for at least 30 minutes
- For the filling, gently cook through the chicken breasts in a large saucepan with some oil, add in the onion, carrots, peas and bay leaves, seasoning with salt and pepper. Leave to cool for 1-2 hours
- 4. In a saucepan, melt the butter and add the plain flour until it forms a paste
- 5. Gradually add in your milk and chicken bone broth (add salt and pepper for seasoning if needed), bring to the simmer and remove from the heat and cool
- 6. Once cooled, add the sauce to your chicken and vegetable mix and combine well
- 7. Preheat the oven to 220°C/ 200°C fan
- 8. Take your pastry and roll onto a well-floured surface, use 2/3 of it to line your 20/25cm tin or oven-friendly dish
- 9. Spoon in the filling and roll out the leftover pastry to create your lid, add some decorative pastry pieces such as leaves if you wish
- 10. Place in the oven for approximately 50 minutes or until the pastry is golden brown